

"Who is Doing What, Where": A Review of PhotoTherapy-related Practices, People, Projects, Research and Websites Around the World

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PhotoTherapy-related healing practices are used in a variety of ways around the world. Although sometimes called by a different name, all are based on the fact that the meaning of any photograph lies less in its visual details and more in what these evoke inside the mind (and heart) of each viewer.

This quality makes them a natural tool not only for mental health professionals to use with their therapy clients, but also anyone else who understands how powerful ordinary snapshots can be in activating positive change and growth.

People have long used photography therapeutically to increase their own self-knowledge and awareness, improve family and other relationships, precipitate social change, reduce social exclusion, strengthen communities, deepen intercultural relations, reduce conflict, bring attention to issues of social injustice, sharpen visual literacy skills, enhance education, promote well-being, expand qualitative research and prevention methodologies, and produce other kinds of photo-based healing and learning.

This presentation is by psychologist and art therapist Judy Weiser, one of the earliest pioneers of PhotoTherapy techniques, Director of the [PhotoTherapy Centre](#) (which maintains the world-wide resource database for the field), and manager of both the [PhotoTherapy FaceBook Group](#) and the [Discussion Group](#) connected with her informational website ("[PhotoTherapy Techniques in Counseling and Therapy](#)").

Long-recognized as the person therefore most aware of "[Who is Doing What, Where](#)" around the world, she will share her knowledge of key people, practices, projects, websites (and related research and publications), presenting a "family portrait" of current PhotoTherapy practices worldwide and provide handouts showing how to access additional information.

Those attending will thus receive a conceptual map within which to locate any photo-based helping/healing practice, ranging from uses as therapy tools to non-therapy applications for self and others -- and also the framework and context for the "PhototherapyEU Project" itself.

TIME LENGTH NEEDED: 90 minutes please

-- NOTE: Description totals 298 words