

**A Picture is Worth Far More Than a Thousand Words:
An Introduction to PhotoTherapy, Therapeutic Photography, & Photo-Art-Therapy Techniques**

Lecture Presentation • Russian Art Therapy Association Conference

April 9 - 11, 2010 (exact date not certain yet) • Moscow Institute of Modern Psychological Technologies

Presenter: Judy Weiser, R.Psych., A.T.R., Founder & Director, PhotoTherapy Centre, Vancouver, Canada

Author of: "*PhotoTherapy Techniques: Exploring the Secrets of Personal Snapshots and Family Albums*"

Brief Summary:

PhotoTherapy Techniques use personal snapshots, family albums, and pictures taken by others (and the feelings, memories, thoughts, and information these evoke) to deepen and enhance therapeutic process in ways not possible using only words (or inner self-reflection) alone. **Therapeutic Photography** does the same, but in non-therapy (self-exploration and/or community) photo-based situations -- and **Photo-Art-Therapy** is the use of photos as an additional art medium, by those who have additional specialized training in Art Therapy itself.

This Presentation by Judy Weiser, a psychologist and art therapist considered for over 30 years to be the "world authority" on these techniques, will provide a slide-illustrated introductory overview and comparison of the "what", "why" and "how" of these techniques with several case illustrations, if time permits.

Note: Later in the Conference there will be a "Part 2: Experiential Workshop" for gaining some experience with the primary PhotoTherapy technique personally

More information about PhotoTherapy can be found at: www.phototherapy-centre.com

Presenter:

Judy Weiser is a psychologist, art therapist, trainer, consultant and early pioneer of "PhotoTherapy techniques". Founder and Director of *The PhotoTherapy Centre* in Vancouver, former Editor of the Journal *PhotoTherapy*, and currently Editorial Board Member for the *Canadian Art Therapy Journal*, she has long been considered the "world authority" on PhotoTherapy and has given several hundred workshops, lectures, and training intensives about these techniques world-wide during the past 30 years.

Author of the classic text "*PhotoTherapy Techniques: Exploring the Secrets of Personal Snapshots and Family Albums*", and the informational resource website "*PhotoTherapy Techniques in Counseling and Therapy*" (www.phototherapy-centre.com), she has also produced numerous professional articles, book chapters, and a video/DVD on the subject. She can be reached at: jweiser@phototherapy-centre.com

(For questions about content of Keynote, contact the Speaker at: JWeiser@phototherapy-centre.com)