

**THE BRITISH ASSOCIATION OF ART THERAPISTS**  
CLAREMONT, 24-27 WHITE LION STREET, LONDON N1 9PD

**Exploring the Secrets of Personal Snapshots and Family Albums:  
*An Introduction to PhotoTherapy Techniques***

**Convenor: Judy Weiser, R.Psych., A.T.R.**

**Date: Monday 21<sup>st</sup> September 2009 • 9:45 am to 4.30pm**

**Venue: Dragon Hall, 17 Stukeley Street, London WC2 5LT**

PhotoTherapy Techniques use people's personal snapshots, family albums, and pictures taken by others (and the feelings, memories, and thoughts these evoke) to deepen and enhance their therapeutic process in ways not possible using words alone.

Since the emotional contents of any photograph are always more important than its visual details, clients' snapshots and family photos can be powerful yet safe nonverbal "bridges" that quickly connect them to memories, feelings, values, and information far below conscious awareness -- along with deeply-held beliefs, expectations, and judgments that these produce.

This one-day workshop is intended for Arts Therapists, Psychotherapists, Psychologists, Counsellors and Mental Health Workers whose work would benefit from an introduction to PhotoTherapy Techniques. Please note that this workshop includes participatory exercises (which are voluntary and not for personal therapy purposes).

- *Participants do not need any prior experience with cameras or photographic art.*

**Judy Weiser** is a psychologist, art therapist, trainer, consultant and an early pioneer of "PhotoTherapy techniques". Founder and Director of the PhotoTherapy Centre in Vancouver, and former Editor of the Journal *PhotoTherapy*, she has long been considered the "world authority" on PhotoTherapy and has given over 300 workshops, lectures, and training intensives about these techniques (and related public applications of Therapeutic Photography) in over 50 cities world-wide during the past 30 years.

Author of the classic text "*PhotoTherapy Techniques: Exploring the Secrets of Personal Snapshots and Family Albums*" (now in third printing), and the informational resource website "*PhotoTherapy Techniques in Counseling and Therapy*", she has also produced numerous professional articles, book chapters, and a video/DVD on the subject. She can be reached at: [jweiser@phototherapy-centre.com](mailto:jweiser@phototherapy-centre.com)

**Exploring the Secrets of Personal Snapshots and Family Albums: An Introduction to PhotoTherapy Techniques**

**Monday 21<sup>st</sup> September 2009 • 10.00am to 4.30pm**

Name (Block capitals please)			
Address			
e-mail			
Daytime telephone number		Evening telephone number	

**Fees (Including Lunch): Employer funded £140 - FT employed self funded £100 - Part-time employed (2.5 days or less) £80 - Unemployed/Trainees: £40**

**Please detach this form and send it with your cheque made payable to:  
'The British Association of Art Therapists' and send to the above address.**