

PhotoTherapy International, Historical and Contemporary Perspectives: A Day with Judy Weiser and Mark Wheeler

University of Derby, Britannia Mill Campus

Saturday 12th September 9.30-4.00pm

Open to all with a personal and/or professional interest; students welcome

Certificates of Attendance will be provided

Timetable of Events

9.00 - 9:30	Welcome and Refreshments
9:30-11.00	Introduction to PhotoTherapy (Judy Weiser)
11.00-11.15	Break
11.15 – 12.15	The Use of Mobile Phones and applications of PhotoTherapy with Families (Mark Wheeler)
12.15-1.15	Lunch (Delegates must bring their own lunch)
1.15-3.15	Experiential Encounters with Photographs (Judy Weiser and Mark Wheeler)
3.15-3:30	Break
3:30-4.00	Reflection upon the day and Closing Remarks (Judy Weiser and Mark Wheeler)

What will this event offer?

- It will provide a space in which to reflect upon and explore the therapeutic potential of the photograph
- It will provide an overview of the History and current practice of PhotoTherapy and Therapeutic Photography Internationally
- It will acknowledge the capacity of projection in working with photographs and dismiss the fantasy that the camera never lies
- Participants will gain a deeper theoretical and practical understanding of the clinical applications of working with photographs of all kinds, including digital and those taken with mobile phones
- Participants will reflect on the role of photographs in 'making visible' a conscious act
- Participants will consider the iconic and talismanic capacity of photographs

Who will benefit from this event?

- Anyone with a personal and/or professional interest

Additional Information

- For more information about PhotoTherapy or Judy Weiser, see: <http://www.phototherapy-centre.com> and read at least the homepage and the overview page for the five techniques.

Biographies

Judy Weiser, Founder and Director of the *PhotoTherapy Centre*, is a Canadian psychologist, art therapist, consultant, trainer, author, and early pioneer of "PhotoTherapy Techniques" (using people's personal and family snapshots to access feelings and memories during therapy process). Long considered the world authority on PhotoTherapy, she has given over 300 workshops, lectures, and training intensives about these techniques (and related applications of "Therapeutic Photography") in over 50 cities world-wide during the past 30 years and was the invited "Opening Plenary Speaker" for the recent *International Conference on PhotoTherapy and Therapeutic Photography* in Finland.

Former Editor of the journal *Phototherapy*, Judy authored the classic 1993 text "*PhotoTherapy Techniques: Exploring the Secrets of Personal Snapshots and Family Albums*" (now in third printing), as well as numerous professional articles, book chapters, and a video/DVD on the subject. She also created and maintains the primary informational resource and networking website for the field ("PhotoTherapy Techniques in Counseling and Therapy") as well as its related "PhotoTherapy and Therapeutic Photography Discussion Group" and the FaceBook Group "PhotoTherapy, Therapeutic Photography, Photo Art Therapy, and VideoTherapy".

Her list of upcoming events, full publications list and additional biographical details can be found on her website, and she can be contacted at: jweiser@phototherapy-centre.com.

Mark Wheeler was an Invited Plenary Speaker at the International Conference on PhotoTherapy and Therapeutic Photography held at The University of Turku, Finland, in June 2008. He also presented "Bereavement Phototherapy: Conversations with Dead People" at a pre-Conference Workshop there. Mark has been using PhotoTherapy techniques for over 16 years (and practising therapeutic photography for over 25) -- and was the first photography graduate in the UK to qualify as an Art Therapist, writing his 1992 dissertation on Phototherapy after interviewing Judy Weiser at the PhotoTherapy Centre in Vancouver.

More information can be found on Mark's website <http://phototherapy.org.uk/> and he can be contacted at: phototherapy@talktalk.net