

PhotoTherapy, Therapeutic Photography, and Photo Art Therapy Techniques in Art Therapy (MasterSupervision)

conducted by

**Judy Weiser, R.Psych., A.T.R., Director of the PhotoTherapy Centre
in Vancouver Canada**

Program Summary Description ("Education and Supervision" Track):

This Master Supervision Group allows participants to ask questions about techniques of "PhotoTherapy", "Therapeutic Photography", and "Photo Art Therapy" -- and have discussions with PhotoTherapy pioneer Judy Weiser (and others in the room), and to receive handouts providing details about how to access additional information, resources, and networking contacts later.

[exactly 50 words]

Objectives:

Those attending will be able to:

- 1) Identify five ways to use Phototherapy (or Therapeutic Photography) techniques in Art Therapy practice or research
- 2) List at least five practical and ethical issues that might arise when using photographs in Art Therapy practice or research
- 3) Explain the key differences between "PhotoTherapy", "Therapeutic Photography", and "Photo Art Therapy", as well as discuss ways to know how to best adapt these approaches in Art Therapy practice

Abstract / Description

Session will begin with a brief introduction of purpose and introduction of Leader (approximately 3 minutes), followed by a basic introduction to issues/questions that attendees may encounter in Phototherapy study, practice or research (approximately 10 minutes), and then the remainder of time will be spent in discussion with those attending, regarding any issues, questions, or topics related to their work or studies involving techniques of PhotoTherapy, Therapeutic Photography, and/or Photo Art Therapy. During the last few minutes of "closure", handouts will be given that provide names, contact information and/or website addresses for gaining additional knowledge.