

PhotoTherapy, Therapeutic Photography, and Photo Art Therapy Focus Group

**conducted by
Judy Weiser, R.Psych., A.T.R., Director of the PhotoTherapy Centre
in Vancouver Canada**

Program Summary Description ("Professional Practice" Track):

Focus Group for all interested in "PhotoTherapy", "Therapeutic Photography", and "Photo Art Therapy" to discuss techniques, share ideas and experiences, form collegial networks, explore areas for further study or research, learn how to access resources and practitioners world-wide, and inform each other about any new developments in the field.

[exactly 50 words]

Objectives:

Those attending will be able to:

- 1) Explain the techniques of Phototherapy, Therapeutic Photography, and Photo Art Therapy
- 2) Describe the ways these techniques are actually being used in Art Therapy practice or research by at least five people who attended the Group
- 3) List at least three sources for finding additional information and networking contacts related to these fields.

Abstract / Description

Group will start with a short introduction of purpose of Group and introduction by Leader (less than 5 minutes), followed by a "round the room" self-introduction of those attending (who also will briefly describe how they are using these techniques and/or what their interests are in them), and then the remainder of time will be spent in discussion and networking with those attending. During the last few minutes of "closure", handouts will be given that provide names, contact information and/or website addresses for gaining additional knowledge and to permit Group to continue networking with each other.