

A Picture is Worth a Thousand Words --
• Using PhotoTherapy Techniques in Counselling •

Evening Presentation for B.C. Association of Clinical Counsellors, Fraser Valley Region

Monday evening, September 27, 2004 • 8 p.m. to 10 p.m.

Sunrise Banquet Centre • Surrey, B.C. (corner of 188th Street & Highway 10)*

[*For Directions, see following page]

Judy Weiser, R. Psych., A.T.R. -- Founder & Director, PhotoTherapy Centre

Author of *PhotoTherapy Techniques -- Exploring the Secrets of Personal Snapshots and Family Albums*

Summary

PhotoTherapy techniques use clients' personal snapshots, family photos, and photo-interactions as catalysts for therapeutic communication and personal healing. Since the emotional contents of any photograph are far more important than its visual details, clients' ordinary snapshots and family albums have "secret lives" that help them serve as powerful bridges into feelings and memories in ways that words alone cannot do. This slide-illustrated presentation will explain the "why" and "how" of PhotoTherapy techniques (and if time permits, will also provide a few brief experiential encounters with the process).

Past experience with cameras or photographic art is not required --

However, prior exploration of the "PhotoTherapy Techniques in Counselling" website (at least its Home-Page and "Five Techniques" page) will definitely add to participants' enjoyment of this event!

See: <http://www.phototherapy-centre.com>

Presenter Bio:

Judy Weiser is a psychologist and art therapist in private practice. Founder and Director of the PhotoTherapy Centre in Vancouver, author of *"PhotoTherapy Techniques -- Exploring the Secrets of Personal Snapshots and Family Albums"* and the *"PhotoTherapy Techniques in Counseling and Therapy"* website and video, she consults, lectures, and gives training workshops world-wide on using ordinary photographs as counselling tools. (For more information, contact her at: jweiser@phototherapy-centre.com or 604-689-9709).

DIRECTIONS TO: Sunrise Banquet Centre, Surrey, B.C. (corner of 188th Street & Highway 10)

Here is what the Coordinator wrote me:

"Although there is no easy SkyTrain connection, luckily it is easy to find!

If you take the east-west connector, then highway 91 south and cross the Alex Fraser Bridge, the exit is the 3rd one after the bridge.

The first one says 72nd Avenue, the second one says 64th Avenue, but I'm not sure exactly what the 3rd one says, but it's something like "Ladner/Surrey". It may even say "Highway 10".

Turn left at the top of the exit and head east for about 10 km on Highway 10. The first major intersection after the Highway is 120th Street/Scott Road, and you just keep going until you get to 188th Street.

There is a traffic light there, and the Sunrise Banquet Centre is on your left hand side, on the north-eastern corner of the intersection.

We will be in one of the downstairs function rooms - hopefully there will be signs to direct you. Their telephone number is 604-574-0411.